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Ring Size Guide

How to Use This Guide

Begin by printing this page. Set page scaling to “100” in your print settings and use 8.5 x 11-inch standard paper. Once it’s printed, use a ruler to confirm the printed paper size in the box to the right, then size away!



Please Read Carefully

Measure the above bar to ensure it is printed exactly 2 inches (50mm) long. If the measurement is not accurate, your ring size will not be accurate.

Method 1: Make a Ring Sizer

What you’ll need:

- Printer & paper
- Scissors

1. Cut out the sizer. Follow the provided guidelines to carefully cut out the paper ring sizer and the slot as instructed.
2. Wrap it around your finger. Slide the pointed end through the slit and gently pull until the ring sizer fits snugly around the base of your finger.
3. Read your size. The number visible through the slit corresponds to your ring size.



Method 2: Size a Ring You Already Have

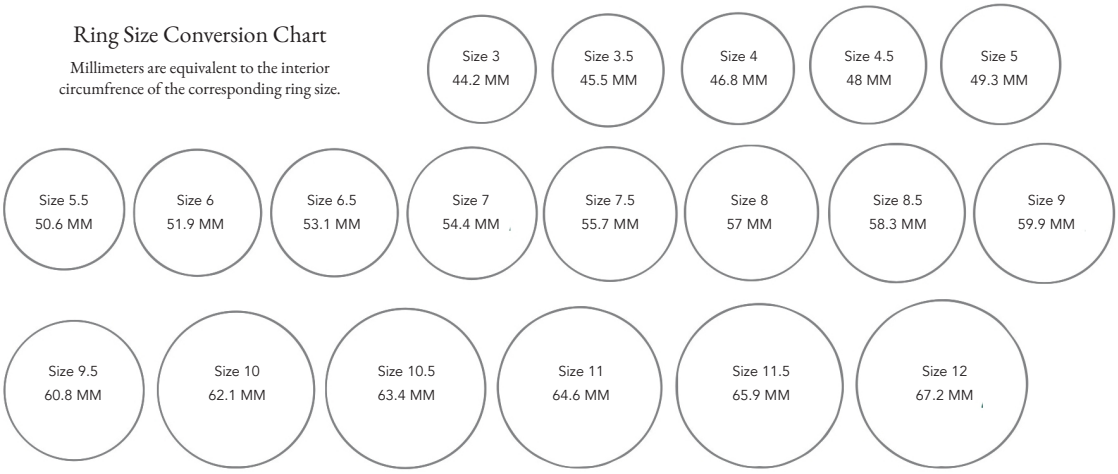
What you’ll need:

- Printer & paper
- An existing ring

1. Select a well-fitting ring. Use a ring that comfortably slides on and off the finger you’re measuring.
2. Match the ring to the chart. Place the ring directly over the printed circles until the inside edge aligns perfectly with one of the circle outlines.
3. Check the alignment carefully. You should be able to see the circle just touching the inside edge of the ring without any overlap.
4. Confirm the size. The number in the matching circle represents your ring size.

Ring Size Conversion Chart

Millimeters are equivalent to the interior circumfrence of the corresponding ring size.



Ring Size Chart

Inside Circumference		US, Canada, Mexico	UK, Australia, Ireland, New Zealand, South Africa	France	Germany, Russia, Ukraine, Asia	India, China, Japan, South America, Turkey, Israel	Italy, Spain, Netherlands, Switzerland
IN	MM						
1.74	44.2	3	F	44	14	4	4
1.77	44.8	3.25	F 1/2	45	14 1/4	---	4 5/8
1.79	45.5	3.5	G	45.5	14 1/2	5	5 1/4
1.82	46.1	3.75	G 1/2	46	14 3/4	6	5 7/8
1.84	46.8	4	H	47	15	7	6 1/2
1.87	47.4	4.25	H 1/2	47.5	---	---	7 1/8
1.89	48	4.5	I	48	15 1/4	8	7 3/4
1.92	48.7	4.75	J	48.5	15 1/2	---	8 3/8
1.94	49.3	5	J 1/2	49	15 3/4	9	9
1.97	50	5.25	K	50	16	---	9 5/8
1.99	50.6	5.5	K 1/2	50.5	16 1/4	10	10 1/4
2.02	51.2	5.75	L	51	---	11	10 7/8
2.04	51.9	6	L 1/2	52	16 1/2	12	11 1/2
2.07	52.5	6.25	M	52.5	16 3/4	---	12 1/8
2.09	53.1	6.5	M 1/2	53	17	13	12 3/4
2.12	53.8	6.75	N	54	---	---	13 3/8
2.14	54.4	7	N 1/2	54.5	17 1/4	14	14
2.17	55.1	7.25	O	55	17 1/2	---	14 5/8
2.19	55.7	7.5	O 1/2	56	17 3/4	15	15 1/4
2.22	56.3	7.75	P	56.5	18	---	15 7/8
2.24	57	8	P 1/2	57	---	16	16 1/2
2.27	57.6	8.25	Q	58	18 1/4	---	17 1/8
2.29	58.3	8.5	Q 1/2	58.5	18 1/2	17	17 3/4
2.32	58.9	8.75	R	59	18 3/4	---	18 3/8
2.34	59.5	9	R 1/2	60	19	18	19
2.37	60.2	9.25	S	60.5	19 1/4	---	19 5/8
2.39	60.8	9.5	S 1/2	61	19 1/2	19	20 1/4
2.42	61.4	9.75	T	61.5	---	---	20 7/8
2.44	62.1	10	T 1/2	62	19 3/4	20	21 1/2
2.47	62.7	10.25	U	63	20	21	22 1/8
2.49	63.4	10.5	U 1/2	63.5	---	22	22 3/4
2.52	64	10.75	V	64	20 1/2	---	23 3/8
2.54	64.6	11	V 1/2	65	20 3/4	23	24
2.57	65.3	11.25	W	65.5	---	---	24 5/8
2.59	65.9	11.5	W 1/2	66	21	24	25 1/4
2.62	66.6	11.75	X	67	21 1/4	---	25 7/8
2.65	67.2	12	X 1/2	67.5	21 1/2	25	26 1/2
2.68	68.1	12.25	Y	68	---	---	27 1/8
2.71	68.5	12.5	Z	69	21 3/4	26	27 3/4
2.72	69.1	12.75	Z 1/2	69.5	---	---	28 3/8
2.75	69.7	13	---	70	22	27	29

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